



# Winter/Spring Menu Week One

Millfield Primary School

Week One Dates – 28/10/19 – 18/11/19 – 09/12/19 – 30/12/19 –  
20/01/20 – 10/02/20 – 02/03/20 – 23/03/20

Primary Menu Week 1	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Veggie Sausage, Mash & Gravy	Chicken Casserole and Potatoes	Beef & Onion Pie with Mash & Gravy	Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy	Battered Fish & Chips
Vegetarian Main Meal	Veggie Mince Bolognese Pasta	Winter Vegetable Casserole and Potatoes	Mac n Cheese	Chickpea & Lentil Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Vegetable Grill with Tomato Sauce
Vegetable Selection	Cauliflower & Mixed Vegetables	Broccoli & Winter Coleslaw	Green Beans and Carrots	Savoy Cabbage & Sweetcorn	Garden Peas & Baked Beans
Grab 'n' Go	Cheese	Tuna	Egg	Ham	Chicken
Jacket Potato & Pasta Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Pasta with a Choice of Cheese or Tomato Sauce	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Pasta with a Choice of Cheese or Tomato Sauce
Dessert	Ginger Sponge & Custard	Fruity Flapjack & Apple Slices	Jam Sponge & Custard	Chocolate Sponge & Chocolate Sauce	Oaty Biscuit and Fruit Wedges

**Available Daily**

Salad Bar, Fresh Bread, Fresh Fruit & Yoghurts







# Winter/Spring Menu Week Two

Millfield Primary School

Week Two Dates – 04/11/19 – 25/11/19 – 16/12/19 – 06/01/20

27/01/20 – 17/02/20 – 09/03/20 – 30/03/20

Primary Menu Week 2	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Wholemeal Pizza Slice with Baked Potato Wedges	Mild Chicken Curry with Brown Rice and Naan Bread	Lasagne served with Garlic Bread	Roast Turkey with Roast Potatoes, Yorkshire Pudding & Gravy	Fish Fingers and Chips
Vegetarian Main Meal	Quorn Meatballs in a Tomato Sauce	Tomato and Basil Pasta	British Cheddar Cheese Quiche with Homemade Wedges	Chickpea and Lentil Roast with Roast Potatoes, Yorkshire Pudding & Gravy	Vegetable Sausage Fajita and Chips
Vegetable Selection	Garden Peas and Fresh Salad	Carrots and Green Beans	Broccoli and Sweetcorn	Cauliflower and Mixed Vegetables	Garden Peas & Baked Beans
Grab 'n' Go	Cheese	Tuna	Egg	Ham	Chicken
Jacket Potato & Pasta Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Pasta with a Choice of Cheese or Tomato Sauce	Pasta with a Choice of Cheese or Tomato Sauce
Dessert	Hot Chocolate Fudge Cake and Custard	Cornflake Tart and Custard	Feathered Jam Sponge and Custard	Shortbread Biscuit and Mixed Fruit	Ginger and Mandarin Muffin

Available Daily

Fresh Bread, Fresh Fruit & Yoghurts





## Winter/Spring Menu Week Three

Millfield Primary School

Week Three Dates – 11/11/19 – 02/12/19 – 23/12/19 – 13/01/20

03/02/20 – 24/02/20 – 16/03/20

Primary Menu Week 3	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheesy Margherita Pizza	Homemade Chicken Pie and Mash	Beef Burger in a Bun With Homemade Wedges	Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy	Fish Fingers and Chips
Vegetarian Main Meal	Veggie Mince Cottage Pie	Tomato, Vegetable Sausage Macaroni Bake	Veggie Burger in a Bun With Homemade Wedges	Vegetable Mince Keema Curry with Coriander Rice and Naan Bread	Vegetable Nuggets and Chips
Vegetable Selection	Broccoli and Garden Salad	Mixed Vegetables and Savoy Cabbage	Sweetcorn and Carrots	Cauliflower and Peas	Garden Peas & Baked Beans
Grab 'n' Go	Cheese	Tuna	Egg	Ham	Chicken
Jacket Potato/ Pasta Option	Pasta with a Choice of Cheese or Tomato Sauce	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Pasta with a Choice of Cheese or Tomato Sauce	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise Grated Cheese Baked Beans	Pasta with a Choice of Cheese or Tomato Sauce
Dessert	Lemon Slice	Marble Sponge and Custard	Apple Crumble and Custard	Chocolate Crunch and Custard	Crunchy Biscuit and Apple Slices

**Available Daily**

**Fresh Bread, Fresh Fruit & Yoghurts**

