



# Millfield Primary School

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Dear Parents/Carers,

As you may be aware, statutory guidance from the DfE for Relationships Education, Relationships and Sex Education (RSE) and Health Education made Relationships Education compulsory in all primary schools. From September 2021, as part of our work in PSHE, we have been learning more about families, growing up, our growing and changing bodies and how to look after them. You may find the following document useful:

[assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/812593/RSE\\_primary\\_schools\\_guide\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf)

A very important part of the work is to make sure all the children understand that there are parts of their bodies that are private. We learn about trusted adults to talk to and how to get help. We learn about how our bodies change as we get older, how to manage these changes and keep our bodies clean and healthy. Children are also encouraged to think about how their friendships and responsibilities, and their feelings and emotions might change as they get older. They also learn about conception and about how parents in all families love and care for their children.

**Most of this learning is part of Science, Relationships Education and Health Education which is (from September 2021) compulsory.** The DfE statutory guidance is available on our school website for further information. You may be aware that you can withdraw your child from 'Sex Education' but not the Science and PSHE aspects which are compulsory. The specific 'Sex Education' topics include learning about how human babies are made and born. In Year 4, we teach that babies are made from a seed and an egg (but not how these join together). In Year 6, we teach about human sexual reproduction, how the sperm and egg join together and the ways babies are born.

If you would like to find out more, our Relationships Education, Relationships and Sex Education and Health Education school policy and the curriculum content for each year group is on our school website. We also provide links on the website to other sites that are helpful for parents when talking with their children. If you have any questions or would like to talk in more detail about any of the topics please contact us and we will be able to discuss it further with you.

Kind regards

Charlie Boekee (PSHE Lead)